



A Bit of Stitch

Free Flower Appliqué

Color Chart

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Flower Small

1. Appliqué Material – flower
2. Appliqué Position – flower (tack-down stitching)
3. Petal Detailing
4. Appliqué – flower (satin stitching)
5. Appliqué Material – flower center
6. Appliqué Position – flower center (tack-down stitching)
7. Appliqué – flower center (satin stitching)

Recommended Tools: Small curved bladed, very sharp scissors. The best scissors for this project and also for other appliqué projects are from the Scissor Man at: www.tools-gadgets.com see Embroidery Nips.

Appliqué Instructions

Hoop the fabric you are planning to appliqué. Cut a piece of stabilizer slightly larger than your hoop, spray lightly with temporary spray adhesive, and place on the bottom of the hoop, covering all edges of the hoop. Place hoop on firm surface face up and smooth hooped fabric onto sprayed stabilizer with your hand. Or use an iron-on stabilizer, covering the fabric in an area larger than your hoop, then hoop the stabilized fabric. Depending on the weight of your garment fabric, you may need to use another piece of tear-a-way stabilizer. Slip this piece under your hoop before beginning to stitch.

For all Appliqué Material/Appliqué Position stitch sequences: Stitch the first stitch sequence, Appliqué Material, in the color specified, or a color of your choice. *(This will show you exactly where the appliqué material will be placed.)* Cut a piece of appliqué fabric slightly larger than this outline stitch. Spray the back of this fabric lightly with temporary spray adhesive and place, sticky side down, over the outline stitching. Be sure to cover all of the outline stitching.

Stitch the next sequence, Appliqué Position, in the same color. (*This will stitch the appliqué material into position on your background fabric.*) Remove the hoop from your machine, but do not remove the fabric from the hoop. Carefully cut around this entire outline stitching as close as possible, without cutting through the stitching, removing the excess appliqué fabric. Put the hoop back in your machine and stitch the next stitch sequence.

Usually, the next stitch sequence will be Appliqué. (*This is the finishing satin stitch edging on the appliqué.*) The Appliqué Stitch sequence should be sewn in a color that matches the fabric unless otherwise noted. Some times it is necessary to stitch other parts of the design before stitching the finishing Appliqué satin stitch edging. When this is the case in this set of designs, do not jump ahead in the stitch sequence.

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